

"The Walk to Emmaus has helped our church put Christian discipleship into

*action,*

spurring Christian growth that otherwise might have taken years."


—Rev. Juana Jordan, Pastor, Harris Chapel UMC, Oakland Park, FL




## Someone wants to sponsor you.

To attend a Walk to Emmaus, a participant must be sponsored. Your sponsor will travel the Emmaus journey with you through prayer and love. For more information about sponsorship in your area contact:

*Journey with us today.*  
**Other offerings in the Emmaus tradition:**




**chrysalis**  
THE UPPER ROOM®  
[chrysalis.upperroom.org](http://chrysalis.upperroom.org)



**FACE to FACE**  
THE UPPER ROOM®

**Face to Face** is for persons 60 and older. Open to Christians who want to strengthen their spiritual lives, Face to Face allows the opportunity to rediscover Christ's presence, gain fresh understandings of God's transforming grace, and form friendships that foster faith and spiritual maturity. [facetoface.upperroom.org](http://facetoface.upperroom.org)



**JOURNEY TO THE TABLE**  
THE UPPER ROOM®

**Journey to the Table** is an opportunity for young adults, 18 to 35 years old, to explore their faith through authentic teaching and open discussion, to build relationships with a community of their peers, and to create spaces of Christian action in a transitory time of life. [journey.upperroom.org](http://journey.upperroom.org)



Contact the Emmaus Office at

P.O. Box 340004 • Nashville, TN 37203-0004  
In Canada, the United States, and Puerto Rico, call  
toll free 1-877-899-2780 ext. 7113 or 615-340-7113  
[emmaus@upperroom.org](mailto:emmaus@upperroom.org) • [emmaus.upperroom.org](http://emmaus.upperroom.org)

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Join us on an

# EMMAUS

*Journey with Christ*



WALK TO

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