



Walking On

Crossroads Harvestland Lincoln Land Decatur

Who Do I Contact?

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CIE Community Lay Director

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Another Year Comes to a Close

by Marti Sprecher, Community Lay Director

When I was in high school, my grandpa lived with us. He always told me time passed quickly and I never understood that because all he did was sit in his chair all day and smoke his pipe. Well, grandpa was right. The older we get, the faster time passes. And we are just days away from saying goodbye to 2018.

The Walks we had in 2018 were good ones. We didn't always have lots of pilgrims, but they all saw Jesus in the flesh . . . YOU . . . the hands and feet of Jesus. You served on teams, in the background, attended community events, and shared the love of Jesus with the pilgrims. I am hopeful that your spirit of giving and serving and loving will continue into and through 2019.

I'd like to pass on some information about sponsorship from the Emmaus Ministries Community Manual, provided by the Upper Room.

—Good sponsorship uses discernment in inviting or recruiting participants. Good sponsors do not set out simply to recruit anyone with a willingness to attend.

—Good sponsorship is the first act of agape before the Emmaus event ever begins.

—Good sponsorship undergirds the Emmaus Ministries event with sacrificial love on behalf of each participant.

—Good sponsorship offers a strong link to the participants' Fourth Day experience after each event.

—Good sponsorship grounds a healthy, effective Emmaus movement that fulfills its true purpose: continued faith formation of the participants, the development of Christian leaders, and the renewal of the church ministry.

The Spring Walks are fast approaching and I'm hopeful that you have already begun to think about who you can sponsor. Be sure to take advantage of the early bird fee (see page 6 for details.)

Continued on page 5

How Are You Doing in Your 4th Days?

by Pastor Marcia Forman, Co-Spiritual Director

The last week of each year tends to become the lost week. Have you noticed? Once we turn the corner of Christmas, everything blurs. From December 26 to January 2, we slip into a state of “hyper-holiday suspended animation.” As far as truly fruitful living is concerned, we might as well have spent the week on Mars.

Pastor Jack Hayford suggests that we call this week “Countdown Week” as we approach the New Year and lists several activities “that would allow us to keep enjoying the spirit of the holidays, while still making solid use of these transitional days:

1. **Fast and pray:** Skip a meal (or two or three) and seek the Lord. This isn’t a “religious” exercise, it’s a realistic one. It prioritizes seeking His face, observes a proven, powerful, spiritual discipline and (for some of us) breaks the “feast” routine of the season. Give your body, soul, and spirit a break!

2. **Read a large book in the Bible:** Get a running start on your goal of reading through the Word in the new year. It takes about three to four minutes to thoroughly read an average page in the Bible. Take two to four hours and read a Bible book all the way through. Genesis covers sixty-three pages in my Bible (about 3 to 4 hours) and Revelation’s 21 chapters take about an hour and a half. Pick your own size book, take an evening or afternoon, and feast there!

3. **Undress the house:** Many of us celebrate Christmas with festive decor. Some years ago we learned the wisdom of getting the Christmas dressings “undressed” by New Year’s Day. It puts a fresh face on everything and emotionally gears you to walk into the year without feeling you’re already behind - still trying to finish off the old one.

4. **Send thank-you notes and letters:** Don’t be forgetful of a commonly neglected but much-appreciated practice. The briefest note of thanks or letter of warmth and love at this season speaks volumes! Take the time necessary. Let people know you appreciate them...and their gift, too.

5. **Set aside time for “fullness”:** As appropriate as holiday celebration is, it’s very natural to find yourself drained by all the action and activity. A dullness or listless apathy may besiege the soul at this time of year, unless... unless we seek the Lord for a refreshing and refilling of His Spirit.

6. **Summarize...organize:** Loose ends tend to fly in the breeze as year-end winds blow. Take a couple hours, sit down with a notebook, and ask the Lord to help you think of things which need to be tabulated for future action. Pay special attention to those nagging, left-over, still-to-do things from last year’s list. Who wants to drag a cloud of unease and uncertainty into the bright, fresh days of the new year? Zeroing in on these long-neglected items can help blow the fog away as you step over the threshold of January 1. No, we will never get everything done. But somehow, just knowing what is left and listing it on paper gives a sense of completion and closure. It’s an act that removes guilt and opens the way to positive action.

Don’t wander down from a bright Christmas mountaintop into a swamp of indecision, lethargy, and wasted opportunity. When that first Christmas was over, Joseph heard the words of the Lord’s angel and took immediate action, saving the life of the Child.” *

That’s what I want to do: listen for His voice and then do what He says without doubt or procrastination. There’s no telling how far you might go this year with that kind of head start!

It has been a joy and honor to serve as Spiritual Director for the Central Illinois Emmaus Community! Now I pass the Spiritual Director’s torch to Chuck Kurfman, while I hope to continue to take part and support CIE walks and gatherings.

De Colores!

Pastor Marcia Forman, Community Spiritual Co-Director

*From *Come...and Behold Him!* By Jack Hayford, Multnomah Books c1995



CIE Welcomes New Pilgrims!



Walk to Emmaus - 268

October 26, 2018

Row 1: Dan Theobald, Jeff Mackay, Chuck Norris, Greg Wrenn, Ken Trone, David Reynolds, Robert Phelan, David Woodside
Row 2: Ken Weaver, Dan Curry, Chris V. Taylor, Rob Pal, JACOB CHASE, Greg Long, Jarret Wells, JAMES CLINTON, Paul Wiseman, Kyle Newnam
Row 3: JOSH SEAGO, Dewayne Kessinger, Jerry Rohn, MICHAEL DeARMOND, COURI GAYTON, MARC WERTS, Brent Wrenn
Row 4: DYLAN ROBINSON, RYAN YOUNG, Scott Buchanan, Chuck Steinacher, VICTORY ISLAND, Rich Hooper, MICHAEL MERCER, Dennis Strawn
Row 5: Gary Sheets, Tom Brookens, Tim Ingalsbe

Not Pictured: DAVID MONROE, Byron Mitchell (aide)



Walk to Emmaus - 269

November 2, 2018

Row 1: Bruce Swartz, Jarrett Wells, Cathy Najmon, Marti Sprecher, Heather Woodside, Mary Brady, Connie Jenkins, Marilyn Casteel, Joyce McCumber, Patty Trone **Row 2:** Pat Dansby, Bette Williams, SHYANNE LAURIK, CHERYL STREET, LEANN KELLY, GENA PICKENS, Jamie Mitchell, MARY WALTER, Charla Wrenn, JEANETTE JASPER, Kathy Hull **Row 3:** Barb Bruce, Laura Wrenn, Sue Curry, LATASHA DeARMOND, KIMBERLY CLAY-MORRIS, KATE RHODES, Sarah Wiseman, Isabella Wrenn, Kathy Butler, RAMONA WALTON **Row 4:** DEBBIE TROJAHN, SUE CLENDENEN, Pat Wright, Tammy Pauley, KELLY MILES, CONNIE HUFFMAN, Cathy Apel, Carolyn Turner, Kathy Wyatt

Not Pictured: Roberta Newnam

Central Illinois Emmaus Board Members

Please contact any board member if you have a question about procedure, team or pilgrim selection, the weekend schedule, agape, or any aspect of an Emmaus weekend.

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Spiritual Director
Chuck Kurfman
507 Jefferson St.
Pawnee, IL 62558
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c.l.kurfman@gmail.com

Thank You
I would like to extend a great big thank you to the folks who are leaving the board at the end of 2018 - David Woodside, Steve Fox, Jenny Fox, Richard Marek, Kathy Hull, John Cross, and Marcia Forman. We have become good friends and I appreciate all you did for Emmaus, and especially for me! I especially want to thank them for their Godly counsel, love, and encouragement!!! You know who you are! I know I will continue to see all of you at Emmaus events throughout the year.
-Marti

Another Year (continued)
As we approach 2019, I'm hopeful that the Central Illinois Emmaus community will grow and that each of you will choose to become involved in some capacity.
I want to wish each of you a very Merry Christmas and a Happy New Year!
DeColores,
Marti Sprecher
Community Lay Director



NEW POLICY TO BEGIN
At the November Board meeting it was decided to offer an "Early Bird" fee for walk registration: \$99 if the registration is in by the Friday of prep weekend; \$125 for registrations after the Friday of prep weekend.
For the spring walks, the cut off date for the \$99 Early Bird fee is February 15.

A NOTE ABOUT CHRYSALIS
There is a group of people who are very interested in reviving the Chrysalis movement in Central Illinois. We will post details on the CIE Website and Facebook page.

PLEASE SUPPORT CIE WITH A YEAR-END GIFT
Donations to support the CIE ministry may be mailed to CIE, PO Box 13244, Springfield, IL 62791-3244. Thank you!

We're in Need of a few Angels!



Help Needed!

Do you love to cook? Do you love to serve others? Do you love to be around Emmaus folks??

Well, if you answered yes to any of those questions, I have a place for you! We are looking for additional people to help in the kitchen during prep weekends and the actual walk weekends. If you have a Food Sanitation Certificate that would be an added bonus!

Maybe you can offer one day or even a half day to come out to Camp Warren to help us. Call or email Marti Sprecher if you are interested, 309-224-1392, or missmarty1@hotmail.com.

Board Members

We have several members whose terms are up, so we are looking for folks interested in being part of the CIE Board. The term of office is three years. We meet the first Tuesday of each month at 6:30 p.m., at Harvard Park Baptist Church in Springfield. The meetings usually last an hour.

Members are typically past Lay Directors or Assistant Lay Directors or someone who has had several conference room experiences. If you think this is something you would like to do to continue serving the Emmaus community, please contact Marti Sprecher, Community Lay Director, 309-224-1392 or missmarty1@hotmail.com.



Central Illinois Walk to Emmaus, Camp Warren, 4225 S. Camp Warren Road, Decatur

Men's Walk #270, Feb. 28-March 3, 2019, Greg Matthews, Lay Director
 Women's Walk #271, March 14-17, 2019, Linda Matthews, Lay Director

Sponsor's Hour Thursday 7:30 p.m.
Apostolic Hour Saturday 8:00 p.m.
Closing Sunday 4:30 p.m.

Great River Emmaus, Quincy University Retreat Center

Men's Walk #21, Jan. 31-Feb. 3, 2019, Ed Reid, Lay Director
 Women's Walk #22, Feb. 14-17, 2019, Jane Beck, Lay Director

Illinois Heartland Emmaus, Spalding Renewal Center, Peoria

Men's Walk #97, March 28-31, 2019
 Women's Walk #98, April 25-28, 2019

Sponsor's Hour Thursday 8:00 p.m.
Apostolic Hour Saturday 8:30 p.m.
Closing Sunday 5:00 p.m.



Husband and wife applications should be submitted at the same time. Any exceptions will be at the discretion of the Spiritual Director & Executive Committee.

Deposit Received: _____

Mail to: **Central Illinois Emmaus Registrar
Mary Jean Sheets
750 S Durkin Dr, Apt 228
Springfield, IL 62704
Phone 217-904-4829
Email: mjr101155@gmail.com**

TO BE COMPLETED BY SPONSOR: (Duplicate this form as needed)

Circle Bold Answers Where Applicable

Name: _____ Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: () _____ Business or Cell Phone: () _____

Name and denomination of church you are now attending: _____

You attend regularly? **Yes No**

When did you make your Cursillo / Emmaus / Chrysalis Walk? _____

Where? _____ Cursillo/Emmaus/Chrysalis Walk Number _____

Are you now in a weekly Reunion Group? **Yes No**

Are you praying and sacrificing for your candidate? **Yes No**

How long have you known your candidate? _____ years. _____ Months

Why do you feel that this person would be a good candidate? _____

Does the candidate have the physical and mental health needed for an Emmaus Walk? **Yes No**

Is your candidate under any temporary emotional strain which might indicate their weekend should be postponed? **Yes No**

If your candidate is married do they both plan on attending the Walk to Emmaus? **Yes No**

If not Why? Medical: **Yes No** Other: **Yes No**

If Yes explain: _____

Are you willing to attend: Sponsor's Hour? **Yes No** Apostolic Hour? **Yes No**

The Closing? **Yes No**

Assist your Candidate to get into a weekly Reunion Group? **Yes No**

Are you aware of the importance of minimal contact with the candidate during the weekend, especially if the candidate is your spouse? **Yes No**

Does your candidate need a scholarship from the Central Illinois Emmaus Community? **Yes No**

Husband and wife applications should be submitted at the same time. Any exceptions will be at the discretion of the Spiritual Director and Executive Committee.

Sponsor's Signature: _____

Revised 11-2018 (Microsoft WORD)



Husband and wife applications should be submitted at the same time. Any exceptions will be at the discretion of the Spiritual Director & Executive Committee.

Deposit Received: _____

Mail to:
Central Illinois Emmaus Registrar
Mary Jean Sheets
750 S Durkin Dr, Apt 228
Springfield, IL 62704

217-904-4829
mjr101155@gmail.com

Circle the Walk you would like to attend:

2019 Walk Dates

Walk #270 Men's February 28-March 3, 2019

Walk #271 Women's March 14-17, 2019

Other Walk? _____ When? _____

Circle Bold Answers Below Where Applicable

Current Date: _____ Name: _____

Address: _____ Phone: _____

City: _____ State: _____ Zip Code: _____

Email: _____

Name Preferred on Name Tag: _____ Birthdate: _____

Single Divorced Widowed Separated

If Married, Spouse's name: _____ Will They go on an Emmaus Walk? **Yes No**

Has Spouse ever attended: **Emmaus Chrysalis Cursillo**

Emergency Phone# _____ Name of Contact: _____

Occupation: _____

Church now attending: _____ Pastor's Name: _____

In what religious or community organizations are you active: _____

Has the Walk to Emmaus been explained to you? **Yes No**

Have weekly reunions and other Emmaus follow-up meetings been explained? **Yes No**

Are you on a special diet? **Yes No** If so, what? _____

Special Medication? **Yes No** If so what? _____

If more space for medications is needed please attach list of Medications to Application.

Do you have any health problem or physical handicap which may effect your participation on an Emmaus

Weekend? **Yes No**

If yes please specify: _____

State briefly why you wish to be involved in an Emmaus Community and what you expect from it?

Sponsor: _____

Signature: _____ Date: _____

All of the above information is necessary for your proper placement in a Walk to Emmaus. Please fill in all the blanks. Please enclose a pre-registration deposit of **\$50.00**. This deposit is not refundable. A **\$75.00** donation at registration (\$125 total) is suggested to partially offset the expenses of the weekend.

Make your check payable to: **Central Illinois Emmaus Community**

Revised 11-2018 (Word)

